

MEDITATION AROUND THE CLOCK FOR PEACE AROUND THE WORLD



MEDITATE

A 24 HR SIT AT PEACE CAMP

WHY DO WE MEDITATE?

As students and practitioners, we practice meditation to attain concentration and oneness to serve all beings. Starting with ourselves, we train to cultivate inner peace and happiness. And through our own peaceful thoughts, words and deeds, we inspire others to do the same creating an outward spiral that reverberates worldwide.

Like the Buddha who sat in meditation committed to his spiritual quest, **we sit in meditation as a symbol of our commitment to our part in cultivating peace, harmony and happiness for all beings.**

THIS YEAR AT CAMP

Campers will take turns sitting in meditation under a tree at our annual all-ages summer retreat. Our meditation cushion will be filled for a full 24 hours by campers of all ages in support of world peace.

SPONSOR A CAMP MEDITATOR

GIVING IS EASY, DONATE SECURELY THROUGH PAYPAL AT
<https://www.buddhistpeacecamp.com/under-the-bodhi-tree>

PROCEEDS

Your generous and tax-deductible donation will go to the general Zen Families Program fund. Funds are used to expand access to Peace Camp and other age-appropriate programs for children, young adults and their guardians in the community through scholarships, curriculum development and programming.

Financial donations are not necessary for campers to participate.

WHAT IS PEACE CAMP?

Peace Camp is an annual, week-long outdoor all-ages retreat in the woods. This retreat fosters a sense of peace, happiness, and nature awareness among campers of all ages. Campers work together in community and experience the Buddha's teachings in a beautiful, outdoor setting in Michigan.

For more information visit
www.buddhistpeacecamp.com and
www.zenbuddhisttemple.org.